SKIING OFF DESIGNATED TRAILS

If you ski in the woods, you leave the open and designated ski trails. The ski area
is not responsible for any damage or injury to any persons who utilize lifts, open and
designated trails, or other facilities of the ski area to access terrain outside the open
and designated ski trails. (12 V.S.A. 1038). The designated trails at our ski area are
indicated on this map and are open or closed by the Resort.

 Mt. Mansfield is a unique, precious natural area. Hiking, climbing, skiing, riding or snowshoeing off open and designated trails can damage or kill rare and fragile plants. Realize that the mountain's summit area is a fragile ecosystem.

Overland Trail

Lightning Knoll

 If you leave the open and designated ski trails, you are entering areas that have not first aid rescue services. By Vermont statute, you cannot expect any help regarding your actions in these areas

 Skiing in the woods or off designated terrain can easily lead you away rom the ski area and deep into the wilderness.

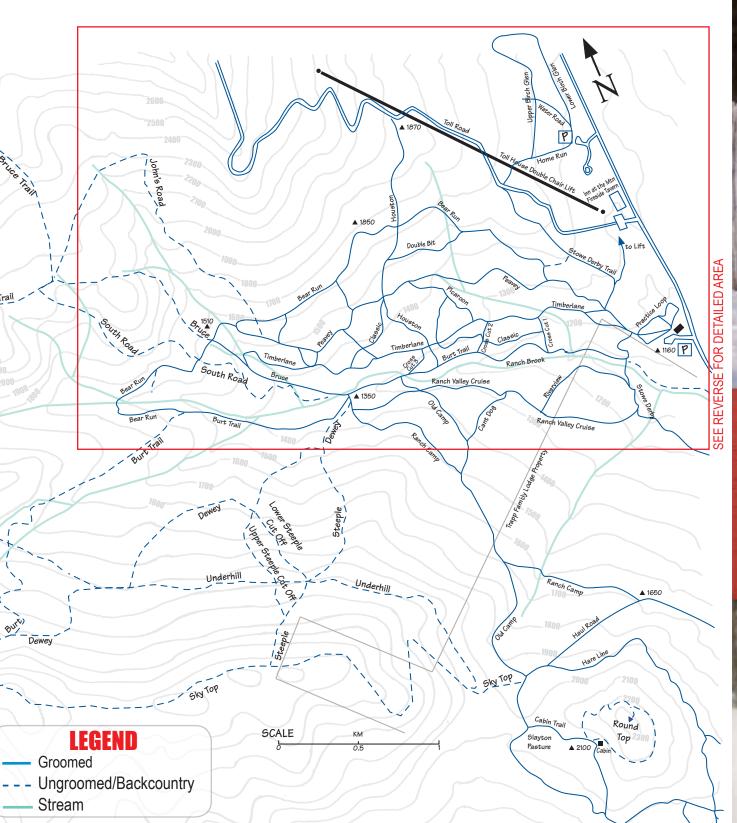
FIRST AID SERVICES
 For first aid assistance during the day, contact Ski Patrol at 802-253-3620. During non-operational hours, contact the Information Center at 802-253-3000, or dial 911. If help is rendered, you may be held liable for the cost of your rescue.

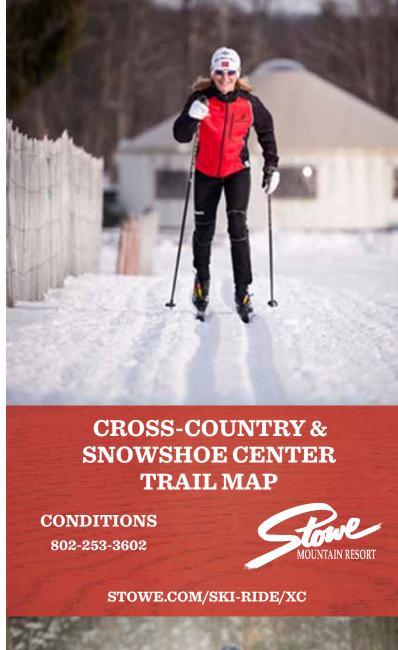
· Never ski alone.



Stower

EXTENDED BACKCOUNTRY TRAIL NETWORK







SNOWSHOEING

Snowshoeing is another easy way to enjoy the winter woods. Our snowshoe-specific trails are very intimate with nature. In soft snow or hard, this is a simple, low impact alternative to skiing - and you will get some great exercise while experiencing the serenity of our wilderness playground. Take a pair of ski poles along and get some great upper body exercise. There are over 8 miles of snowshoe-only trails, with access to another 20 miles of ski trails, for an experience the whole family can enjoy.

EOUIPMENT RENTAL

The latest technology and full line of brand-name equipment are conveniently located at the Cross Country Center. Classic skis, skate skis, backcountry skis, snowshoes, boots and poles are available for adults and children. For prices and availability please call 800.253.4SKI.



CROSS-COUNTRY SKIING RULES

- Skiers must register at the Cross-Country Ski Center before skiing on wilderness trails.
- Do not ski on wilderness trails alone. Many miles of wilderness trails are not patrolled and help may not be available. Ski at your own risk.
- 3. Skiers must have adequate ski-touring clothing and equipment to withstand the extremes of changing weather and snow conditions.
- Be aware that even where assistance is available, time is an important factor, as a skier can be miles from a phone or facility.
- 5. Know your limits. Use common sense and follow safety precautions.
- CAUTION: Grooming vehicles may be working on the trails during operational hours.

